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Community Partner

SRMHW is a proud supporter of the United Way!

Medication Assisted Treatment



<https://www.springrivermh.org/>

Addiction is a disease that can be treated.

The consequences of untreated addictions can be tragic for an individual and/or family. Spring River Mental Health & Wellness, Inc. (SRMHW) provides Medication Assisted Treatment (MAT) for safe at-home withdrawal from alcohol or opioids. The Medication Prescriber utilizes medications approved by the Food and Drug Administration (FDA) for this purpose.

MAT is one way to assist in the recovery of those with opioid, alcohol, or nicotine disorders. There are three important parts to this type of treatment, which include:

- Medication
- Counseling
- Support from friends and family

SRMHW's Treatment Team works with the individual to develop a person-centered treatment plan to provide support through induction, maintenance, and even relapse.

The MAT Treatment Team may include:

- Medication Prescriber
- Nursing Staff
- Substance Use Counselor
- Peer Recovery Coach
- Behavioral Health Clinician

Counseling, Peer Recovery, and Nursing Support:

- Individual, group, and/or family counseling is an important part of MAT. Through counseling and/or support from a peer recovery coach, people learn why the addiction occurred, the problems it has caused, and what they need to change to overcome those problems.
- Counseling can provide motivation to participate in treatment. It can teach coping skills and prevent relapse. It can help people learn how to make healthy choices, manage setbacks, and stress, and move forward in their lives.
- Nursing staff can provide support and care management services, including vitals, referrals, patient education, and coordination of medication delivery.

Support:

It can be difficult to go through recovery alone. Support from friends and family is important as it can help an individual make the decision to enter treatment and stay with it.



Benefits of Medication Assisted Treatment (MAT)

- Facilitates safer withdrawal by relieving symptoms and controlling cravings.
- Reduces the risk of death due to overdose.
- Increases retention in treatment with safer, controlled medications.
- Decreases illegal drug use and, with it, the potential dangers and legal consequences.
- Prevents relapse when integrated with counseling and behavioral therapies.