



Specialized Services
for Service Members,
Veterans, and Family
Members
(SMVF)

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Riverton Office

6610 SE Quakervale Rd.
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Riverton, KS 66770
620-848-2300

Columbus Office

201 W. Walnut
Columbus, KS 66725
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After Hours Crisis # 1-866-634-2301



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Spring River
Mental Health and Wellness, Inc.

<https://www.springrivermh.org/>

Proud to be serving, those who serve.

Are you a Veteran, service member, or family member looking for mental health support? Or a family member who wants to know more about the warning signs of Post-Traumatic Stress Disorder?

Mental health is an important part of your overall health. Those who have served in the military may be at an increased risk for mental health challenges. Some research indicates that 1 in 4 active soldiers or veterans may show signs of mental health issues.

Active duty military personnel veterans and their families are more likely to suffer from Post-Traumatic Stress Disorder, Depression, or Traumatic Brain Injuries.

Mental illness and substance use needs are real health issues. It's okay, to not be okay. It's treatable and recovery is possible.



Possible Warning Signs May Include

- Exaggerated startle response, increased vigilance
- Withdrawing from family, friends, or colleagues
- Loss of interest in usual activities and hobbies
- Recurring nightmares or flashbacks
- Changes in sleep patterns, unable to sleep
- Unexplained changes in appetite or weight
- Fatigue, lack of energy, or inability to make decisions
- Unrealistic or excessive fear and worry
- Frequent crying spells
- Headaches, unexplained aches or pains
- Increased thoughts of suicide or death

Specialized Services for Service Members, Veterans, and Family Members (SMVF) may include:

- Outpatient mental health treatment
- Assistance navigating Veterans Administration (VA) and Military Benefits Systems
- Screenings and Referrals

Through our SMVF Services, an expert skilled and trained in working with active duty, service members, veterans, and their families will work to provide therapy. Care Coordination is also available to assist with navigating available benefits and the VA and military systems. In addition, Spring River Mental Health and Wellness will act as a liaison between the client and the Veteran Health Administration, and other community providers, including primary care doctors, mental health professionals, and psychiatrists. SRMHW will provide individualized, trauma-informed, person-centered, and holistic care. SMVF Services are provided in the home, community, or at the SRMHW office.