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@SRMHW



@SpringRiverMentalHealth&Wellness



@springrivermental

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Community Partner

SRMHW is a proud supporter of the United Way!

Child and Adolescent Services



After Hours Crisis # 1-866-634-2301

<https://www.springrivermh.org/>

As a provider of behavioral health care services, Spring River Mental Health & Wellness (SRMHW) strives to be a partner with you in the process of helping your child with their emotional and behavioral well-being.



Outpatient Therapy

SRMHW clinical staff specialize in the issues confronting you and your child. We will work with you to develop a plan of care that meets your child's unique needs. This may include individual and family therapy, group, psychiatric medications, case management, and parent support.

School Based Therapy

School-Based Therapists work within elementary, middle, and high schools, helping students overcome behavioral, emotional, or social problems that interfere with success at school and at home.

Child and Adolescent Case Management

Case Management services are rehabilitative services that are provided in the home, in the community, or in the school. These services focus on advocacy, coordinating care, and development of positive coping skills to enhance daily living and the client's quality of life. Case Management services provide support in the community for those children who qualify.

Home and Community Based Services (HCBS) Serious Emotional Disturbance (SED) Waiver

The HCBS SED Waiver provides children, with some mental health conditions, special intensive support to help them remain in their homes and communities. Parents and children are actively involved in planning for all services. The child's clinician can assess the child for eligibility. SED Waiver services may include Wrap Around Facilitation, Independent Living/Skills Building, Parent Support, Attendant Care, and Short Term Respite Care.

Evaluations and Testing

SRMHW provides psychological evaluations for diagnosis and treatment recommendations and Autism Diagnostic Assessments.

Explorers

Explorers is a psychosocial rehabilitation group designed for children ages 3-5 years old. It focuses on social skills and school readiness skills, in a specialized group setting. We have a number of different learning centers including: art, reading/language, music, housekeeping, building/construction, and free play. This group works on self-esteem, positive self-image, social interaction skills, and creative expression.

Pathfinders

Pathfinders is a psychosocial rehabilitation group program for children ages 4-18 years of age. This program serves children and adolescents who have special behavioral and/or emotional difficulties and social skill needs. Our program is designed to challenge these youth to achieve individualized goals while in a structured group setting. Pathfinders work on improving social skills, such as communication with others, problem-solving, anger management, emotional regulation, increasing self-esteem, and positive peer interaction.

Transitions

This summer group helps teenagers develop important daily living skills while learning to manage their mental health needs. Skills learned include vocational and educational readiness, such as creating resumes, practicing job interview skills, completing job applications, money management, grocery shopping, meal preparation, self-care, and wellness.