

JOB DESCRIPTION  
Revised 9/01, 11/04, 10/07, 10/08, 3/11

Title: Outpatient Therapist

Dept: Adult Services

Immediate Supervisor: Adult Services Director

Primary Function: To provide outpatient mental health services.

Typical Physical Demands: This position requires sitting for long periods of time. It may require contact with individuals with communicable diseases. It requires the ability to work under high stress conditions for long periods of time. It also requires the ability to hear normal range of voice, to prepare written reports and to use telephone equipment and computers.

Typical Working Conditions: Individuals in this position will work with multi-disciplinary teams in office, community and client home environments. Individuals are required to include families and other significant people in planning and treatment when possible. Individuals may expect occasional exposure to communicable diseases and aggressive or violent clients.

Primary Duties and Responsibilities:

1. To assess, diagnose, and treat mental health disorders in children, adolescents and adults including the administration and interpretation of screening tools, psychological tests, and other assessment instruments as licensed.
2. To plan, implement, coordinate, monitor and evaluate treatment services designed to eliminate, remediate or manage mental disorders of children, adolescents and adults.
3. To identify and help the client access additional services necessary to attain treatment goals.
4. To provide emergency/crisis intervention services as needed including rotating on-call duties.
5. To provide community education and consultation services as assigned.
6. Ability to complete clinical documentation requirements in the electronic health record in accordance with agency policy.

Performance Requirements:

1. Maintain current knowledge of the theories and evidence-based practices in psychotherapy.
2. Outpatient therapists are expected to be conversant in the particular bio-psycho-social problems common to people with mental disorders and living in poverty.
3. Knowledge of community resources and referral agencies
4. Basic understanding of case management & psychosocial rehabilitation services
5. Outpatient therapists are expected to meet annual productivity expectations.
6. Outpatient therapists are expected to support and assist other professionals in and out of the agency in their efforts to assist people with mental disorders.

Job Qualifications: The outpatient therapist should have a Master's degree in psychology, social work, counseling or marriage and family therapy and be currently licensed or eligible for licensure by the Kansas Behavior Science Regulatory Board. The outpatient therapist should have skills in the following areas: assessment, diagnosis, treatment planning and psychotherapeutic treatment of children, adolescents and adults with mental disorders, screening and referral of individuals with substance use disorders and working with individuals who are victims of sexual abuse and other violent acts. Computer competency is also a must.